

Imagination & Spirit Day

Saturday May 27th 2017

1.15 - 5.00pm

at St Matthews Church | Bayswater
29 St Petersburg Place | London | W2 4LA



How to find St Matthews

Imagination & Spirit Day



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Imagination & Spirit Days provide access to materials, skills and space so that artists and those of no previous arts background can work together.

CONTACT: SHEENA

Call or text 07956 376869

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Schedule

Registration from 1.15

Workshops 1.30-3.00 and 3.15-4.45

closing circle 4.45 – 5.00

day finishes 5.00

Workshops

Drawing with Sheena 1.30-3.00

We will draw the inside and outside of this beautiful 19th century church, with its stained glass windows & unusual secret features.

Biodanza with Peter 1.30-3.00

Biodanza is meditation through dance. Easy enjoyable movements to help you uplift, connect and relax. Please wear loose clothing, and socks or trainers if you are unable to dance in bare feet.

Georgian Singing with Bernard 3.15-4.45

Georgian folk singing is a rich and ancient tradition, whose distinctive three part harmonies pre-date the arrival of Christianity and are woven into all aspects of life: work, celebration, illness, ritual...

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Leaders

Drawing

Sheena is a professional artist and a Deacon in the Church of England. She believes that everyone can be taught to draw, and that it's the basis for learning to see with greater awareness. She teaches privately and at art schools.

Biodanza

Peter has been involved with Biodanza for many years and teaches in the UK and Greece.

Georgian Singing

Bernard is the director of the Maspindzeli Georgian Choir. He has been studying Georgian songs for 15 years, often travelling to mountainous regions of Georgia to learn from the masters.

Please see the form, make your selection of classes and phone or text to confirm your place.

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Booking Form

Please complete this form indicating which workshop you would like to do, enclose cheque payable to **S. Barnes**, OR call or text Sheena on 07956 376869 and pay on the day.

Name:

Email:

Tel:

Please indicate which workshop you would like to attend (one only):

Biodanza

Drawing

Georgian Singing

I enclose a cheque for £10, payable to **S. Barnes**

I will pay on the day

Please send form & cheque to:

S.Barnes,

Flat 10, 82 Westbourne Park Villas, W2 5EB